

Treatment for Meniere's disease using antiherpesviral medicines

Morito Nakayama, M.D.

Department of Internal Medicine, Nukada Memorial Hospital
Kamakura, Japan

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Dr. Shichinohe (internal medicine) in Japan insisted a view that cause of Meniere's disease is herpesvirus for the first time in the world .

In Japan it is Dr. Shichinohe and the author to perform positively antiviral medications for Meniere's disease. Other than us several physicians and a few otolaryngologists seem to practice the same therapy in this country.

A paper on the treatment for Meniere's disease using antiherpesviral medicine (aciclovir) has been already published in the United States in 2009¹). According to the paper, effective rate for vertigo and/or dizziness was 91%. However improvement rate of ear ringing was 50%, and there was no change on hearing loss. Also in the United States an article of double-blinded clinical trial reported that no dramatic effects of famciclovir were found on vertigo or dizziness in 2004²). In the paper famciclovir was prescribed to patients with Meniere's disease, but it seems that further clinical study is necessary because the number of the cases were 12 cases.

In the ordinary therapeutic method that the author performs generic medicine of valacyclovir or aciclovir is mainly used. For this moment effective percentage of these antiherpesviral medicines for vertigo and/or dizziness of Meniere's disease is approximately around 90% in this facility. However percent improvement of ear ringing and hearing loss is lower than vertigo and/or dizziness.

References

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Medical Experience:

The author's experience of medical treatment on vertigo or dizziness is 43 years.
May 1980—present: Changed a specialty into internal medicine.

1971—Apr.1980:Major otolaryngology

E-mail address:nukada-3@nifty.com

Postal number:248-0007

Address: Nukada Memorial Hospital

4-6-6 omachi Kamakura city.

Kanagawa prefecture, Japan.